

Step toward healthy **JOINT FUNCTION***



1-800-214-9600
www.donausa.com

*These Statements Have Not Been Evaluated By The Food & Drug Administration. This Product Is Not Meant To Diagnose, Treat, Cure, Or Prevent Any Disease.

What is DONA®?

Dona® contains Crystalline Glucosamine Sulfate, a naturally occurring substance found in cartilage to cushion joints. Dona® helps in maintaining cartilage health so that you can actively participate in daily activities such as walking, climbing stairs, etc.

Dona® has been proven effective and safe in major clinical trials. It may promote cartilage health, lubricate joints, and support joint mobility and flexibility. Dona® can be taken with water or juice, with or without food and even in the morning or at night.

Crystalline Glucosamine Sulfate

Dona® is not your everyday Glucosamine Sulfate. It is different than what you may find in stores or online today. Dona® contains the original Crystalline Glucosamine Sulfate, a specific type of glucosamine developed and sold in more than 60 countries around the world. Crystalline Glucosamine Sulfate is a formulation invented and patented by RottaPharm. It presents a method to stabilize glucosamine sulfate, through a chemical process of co-precipitation with sodium chloride. The two most common forms of glucosamine are glucosamine hydrochloride and glucosamine sulfate.

Crystalline Glucosamine Sulfate is a very unique glucosamine and has been evaluated for its effect on cartilage health; the effect of the hydrochloride form on cartilage still needs to be studied. Crystalline Glucosamine Sulfate may work by slowing down the breakdown of cartilage between the joints, thereby increasing joint comfort. Therefore, glucosamine sulfate may be an optimal formulation for joint health.

Clinical Research on DONA®

Dona® has been shown effective in clinical studies to help maintain the normal function of cartilage, while supporting healthy joint function, mobility, and flexibility. It is supported by product-specific clinical data and has been evaluated in over 7,000 patients with joint discomfort in over 25 clinical trials.

Results of the first 3-year study were published in 2001 in The Lancet, a prestigious, international medical journal, and showed Crystalline Glucosamine Sulfate to be effective in improving and maintaining joint flexibility and cartilage health. In 2002, a second 3-year study was published in the JAMA's Archives of Internal Medicine confirming previous findings and suggesting that Crystalline Glucosamine Sulfate could be used to help maintain and stabilize joint function and cartilage. An 8-year observational study was later conducted on patients taking glucosamine sulfate for 3 years and 5 years off. It found that Glucosamine Sulfate not only was beneficial for joint health but it decreases the chance of total knee replacement by 73%.



- Helps maintain the normal function of cartilage*
- Supports healthy joint function*
- Supports joint mobility and flexibility*
- Clinical strength*



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