



InvigoFlex<sup>®</sup> CS is specially formulated to provide you with a maximum strength Chondroitin Sulfate to support joint function and cartilage and promote good health of body joints. Along with a highly-studied Curcumin supplement, our proprietary blend in InvigoFlex<sup>®</sup> CS (CIB145™) offers you a unique formulation to support you when you need it most. Get back to what you love doing and keep your life active!\*

### 1. How does InvigoFlex<sup>®</sup> CS work?

As the aging process breaks down the cartilage in your joints, keeping up with an active lifestyle becomes increasingly difficult. Sports and exercise that once came easy might suddenly become too much for your aching joints. Repeated stress on your joints, whether it be from physical activities or from normal progression as we get older, can have negative effects on your cartilage. InvigoFlex<sup>®</sup> CS works by supporting joint function and cartilage while promoting good health of body joints, especially in the knees and hands.\*

### 2. Why haven't I heard of InvigoFlex<sup>®</sup> CS?

While you may not have heard about the name InvigoFlex<sup>®</sup> CS, you may have heard about Chondroitin Sulfate and Curcumin. You probably have even heard of Chondroitin and Glucosamine being combined within the same product. However, InvigoFlex<sup>®</sup> CS does not contain Glucosamine. Since most positive research use either Chondroitin or Glucosamine alone, we wanted to create a standalone Chondroitin Sulfate with the addition of Curcumin, since studies have shown Chondroitin Sulfate to be beneficial even without Glucosamine. Also, since many products contain different versions and quality levels, we set out to create a product that contains the right ingredient at the right amounts.\*

### 3. What is Chondroitin Sulfate?

Chondroitin Sulfate is a molecule that is found naturally in the body and is a major component of the connective tissues found in cartilage. It has been known to help cartilage retain water and can even improve shock-absorbing properties. InvigoFlex<sup>®</sup> CS provides a specific maximum strength Chondroitin Sulfate ingredient that was clinically proven in numerous studies to support healthy joint function and cartilage health.\*

### 4. What does Max Purity Mean?

It is rarely asked what type of Chondroitin Sulfate is being used in joint products or even how much purity it has. With InvigoFlex<sup>®</sup> CS, we set out to include what we believe is the very best. Our Chondroitin Sulfate is actually the European Pharmaceutical Grade version which contains high purity levels. The typical Chondroitin Sulfate that you may find in the U.S. market could be of 90% purity or worse. With our Max Purity levels of 95% - 105% and our recommended 1,200 mg dosage, InvigoFlex<sup>®</sup> CS is geared to provide one of the best forms of Chondroitin Sulfate.\*

### 5. Who should take InvigoFlex<sup>®</sup> CS?

InvigoFlex<sup>®</sup> CS should be taken by anyone who is looking to promote and maintain overall joint health. This can apply to the most active customers who are engaged in weekly physical activities to individuals who are worried about their natural joint progression. In addition, InvigoFlex<sup>®</sup> CS not only helps customers who are currently feeling joint discomfort, but also those who would like to maintain their joint health. InvigoFlex<sup>®</sup> CS can satisfy both customer's short-term and long-term needs for the overall well-being of their joints.\*

### 6. What is the benefit of Curcumin?

Even though Chondroitin Sulfate alone is proven effective, we set out to include Curcumin, an ingredient within turmeric, to help manage healthy inflammation. It has a long history of uses to address many different health conditions, including supporting joint health. Curcumin has been known to contain antioxidant properties and may help with reducing pain from overexertion and exercise. InvigoFlex<sup>®</sup> CS contains a patented form of Curcumin that utilizes Phytosome technology to increase absorption of curcuminoids by 29-fold versus the 95% extract. In addition, our Curcumin is supported by over 26 studies.\*

### 7. Is InvigoFlex<sup>®</sup> CS proven to work?

Chondroitin Sulfate has been studied for its ability to modify underlying cartilaginous degeneration in joints, and therefore, to potentially provide relief to customers. The majority of studies

have demonstrated the ability of Chondroitin Sulfate to alleviate symptoms of joint discomfort in both the knees and in the hands due to overexertion and exercise. In addition, Curcumin has 26 studies showing its ability to offer antioxidant benefits and potentially help with reducing pain from overexertion and exercise.\*

### 8. Does InvigoFlex<sup>®</sup> CS work right away?

It is highly recommended that InvigoFlex<sup>®</sup> CS be taken for a minimum of three months. While some customers may feel results as soon as 1-2 weeks, optimal effect can be seen after 12 weeks of daily administration. Results may vary depending on the customer's individual medical history.\*

### 9. How safe is InvigoFlex<sup>®</sup> CS?

InvigoFlex<sup>®</sup> CS is safe with very minimal to no side effects reported. However, we recommend consulting with your physician so that they can better advise you on how InvigoFlex<sup>®</sup> CS fits in with your individual medical history. If you are pregnant or breastfeeding, ask your Doctor before taking.\*

### 10. What makes InvigoFlex<sup>®</sup> CS different than other joint supplements?

InvigoFlex<sup>®</sup> CS is different than other products because it provides you with a stand-alone Chondroitin Sulfate product – without Glucosamine Sulfate – which is often difficult to find. In addition, we use a very specific Chondroitin Sulfate version and offer it in the recommended 1,200 mg dosage. We also paired it with a highly-studied Curcumin to provide antioxidant benefits that can help manage healthy inflammation.\*

### 11. What is the recommended dosage?

The recommended dosage for InvigoFlex<sup>®</sup> CS is 1,450 mg split between two pills. Take two pills together with water, preferably with food, in the morning every day.\*

+Some ingredients may be sourced from outside the U.S.

\*These Statements Have Not Been Evaluated By The Food & Drug Administration. This Product is Not Intended to Diagnose, Treat, Cure or Prevent Any Disease.

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