

## Provides A Balanced Blend Of Essential Fatty Acids

Support your overall wellness with Nutressa® Complete Omega Complex, a carefully crafted blend of essential fatty acids (EFAs) from high-quality borage, fish, and flax oils, all sourced from non-GMO origins. EFAs are vital nutrients that play an important role in supporting heart health, maintaining healthy skin, and promoting the integrity of cell membranes and nerve function.\*

Our formula features a refined fish oil concentrate designed for individuals with fish sensitivities. Most fish allergies stem from fish proteins, not oils. That's why our Complete Omega Complex undergoes rigorous refinement to ensure it is free from fish proteins while preserving the beneficial omega-3 fatty acids your body needs.

### Features

- **Supports Heart Health:** Provides essential nutrients to help maintain cardiovascular wellness.\*
- **Nourishes Skin and Cell Membranes:** Promotes hydrated, healthy skin and the integrity of cell structures.\*
- **Encourages Nerve Health:** Supports the health of your nervous system as part of a balanced lifestyle.\*
- **High-Quality, Refined Ingredients:** Derived from non-GMO borage, fish, and flax oils for optimal purity and potency.

### Benefits

- Refined For Purity.\*
- Non-GMO Sources.
- Easy-to-Take Softgels.



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### Main Ingredients

Each Serving (1 Softgel) Contains:

Calories.....	10
Total Fat.....	1.5 g
Borage Oil (seed).....	400 mg
Concentrated Fish Oil*** .....	400 mg (Anchovies, Sardines, and/or Mackerel)
Eicosapentaenoic Acid (EPA) .....	72 mg
Docosahexaenoic Acid (DHA) .....	48 mg
Flax Oil (seed) .....	400 mg

### Other Ingredients

Capsule (gelatin, glycerin, purified water), mixed tocopherols.

**Contains NO** artificial colors, flavors or preservatives; no wheat, gluten, milk, eggs, peanuts, sesame, tree nuts, crustacean shellfish.

### Suggested Use

Take one softgel up to five times daily with food.

### Cautions

Store in a cool, dry place. Keep out of the reach of children. As with any nutritional product, please consult your physician before taking. If you are pregnant or breast-feeding, ask your Doctor before taking. Use only as directed. Results May Vary. Most fish allergies are actually allergies to fish protein. Our Complete Omega Complex is derived from highly refined fish oil concentrate that does not contain fish protein.

\*These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.