

## Three Premium Bioavailable Forms of Magnesium

Nutressa® Magnesium is a vital electrolyte mineral that plays a key role in maintaining optimal cardiovascular, nerve, and muscle function. As a crucial activator of enzymes, magnesium is involved in hundreds of biochemical processes, including energy production and the maintenance of healthy bones and muscles.

More than half of the body's magnesium is stored in the bones, 27% resides in the muscles, and the remainder is found in soft tissues, cells, and fluids. This formula features three premium, bioavailable forms of magnesium to ensure optimal absorption and effectiveness, making it a superior choice for your daily magnesium needs.

## Features

- **Supports Cardiovascular Health:** Helps maintain a healthy heart rhythm and overall cardiovascular function.\*
- **Promotes Nerve and Muscle Function:** Plays a critical role in nerve signaling and muscle contraction.\*
- **Enhances Energy Production:** Essential for converting nutrients into cellular energy.\*
- **Strengthens Bone Health:** Contributes to the storage and maintenance of bone mineral density.\*

## Benefits

- Three Bioavailable Forms.
- Clean Formula.
- Allergen-Friendly.



Scan to Learn More About Nutressa®



## Main Ingredients

Each Serving (3 Capsules) Contains:

Magnesium.....	400 mg
(from amino acid chelate, citrate and malate)	
Malic acid.....	222 mg

## Other Ingredients

Vegan capsule, silica, magnesium stearate (vegetable source).

Contains NO artificial colors, flavors or preservatives; no wheat, gluten, milk, eggs, peanuts, tree nuts, soy, crustacean shellfish or fish.

## Suggested Use

Take three capsules daily, preferably with meals, in divided doses, or as directed by your healthcare practitioner.

## Cautions

Store in a cool, dry place. Keep out of the reach of children. As with any nutritional product, please consult your physician before taking. If you are pregnant or breast-feeding, ask your Doctor before taking. Use only as directed. Results May Vary.

\*These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.