

## Standardized Ashwagandha for Adaptogenic Support

Experience the ancient benefits of Nutressa® Standardized Ashwagandha, a foundational herb in Ayurveda, revered for its adaptogenic properties that help support the body's ability to maintain balance during life's challenges. Standardized for consistent quality, this formula is designed to promote a sense of well-being and aid in adapting to changing environments.

Ashwagandha is known for its ability to support the body during times of stress, helping to maintain a calm and balanced state. Its adaptogenic nature enhances the body's natural response to both internal and external stressors, complementing your efforts toward overall wellness.

## Features

- **Promotes Calm and Well-Being:** Helps support a sense of balance during everyday stress.\*
- **Adaptogenic Properties:** Assists the body in adapting to various stressors and changes in the environment.\*
- **Supports Adrenal Health:** Aids the body's natural stress response by promoting resilience and balance.\*
- **Traditionally Revered:** Rooted in Ayurveda, one of the world's oldest wellness systems, for centuries of trusted use.

## Benefits

- Standardized for Quality.
- Natural and Pure Formula.
- Clean Ingredients.



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## Main Ingredients

Each Serving (1 Tablet) Contains:

Sensoril® Organic Ashwagandha.....500 mg  
(root and leaf) (*Withania somnifera*)  
(Providing a minimum 10% withanolide conjugates)

## Other Ingredients

Organic rice powder, organic palm oil.

Contains NO artificial colors, flavors or preservatives; no wheat, gluten, milk, eggs, peanuts, tree nuts, soy, crustacean shellfish or fish.

## Suggested Use

Take one tablet daily.

## Cautions

Store in a cool, dry place. Keep out of the reach of children. As with any nutritional product, please consult your physician before taking. If you are pregnant or breast-feeding, ask your Doctor before taking. Use only as directed. Results May Vary.

\*These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.