



GABA Complex

Supports Relaxation and Calmness, While Enhancing Focus.

Introducing GABA Complex an innovative focus & relaxation blend. Our formula is designed to help you achieve deep relaxation. Combining GABA with L-Theanine and Vitamin B6 (P-5-P), our blend promotes calmness and tranquility naturally.

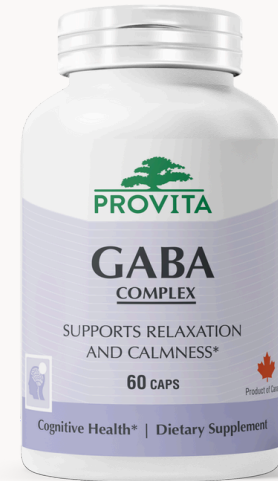
Low levels of GABA, a key neurotransmitter in the brain, are linked to mood imbalances and sleep disruptions. Acting as a "brake" on neural circuits during stress, GABA relaxes muscles, slows heart rate and breathing, and reduces tension in stressful situations.

Features

- 100% vegan non-GMO formula.
- Enhanced support with theanine and P-5-P.*
- L-Theanine is the amino acid from green tea that promotes calm focus and alpha brainwave activity.*
- Pyridoxal-5-phosphate helps maintain the activity of the brain glutamate decarboxylase (GAD) which is the enzyme necessary for the conversion of glutamate into GABA.*

Benefits

- Helps to maintain brain neurotransmitter function.*
- Helps to improve relaxation and calmness.*
- Helps maintain mood during tense and stressful situations.*
- Supports deeper, more restorative sleep.*



Main Ingredients

Each Serving (2 capsules) Contains:

Vitamin B6 30 mg (as pyridoxal-5-phosphate)
GABA 1,000 mg (gamma-aminobutyric acid)
L-Theanine 200 mg

Other Ingredients

Microcrystalline cellulose, hypromellose, vegetable magnesium stearate.

Suggested Use

One capsule one to two times daily with or without a meal, or as directed by a healthcare professional.

Cautions

It is always recommended to consult your healthcare provider before taking any dietary supplement, if you are undergoing treatment for a medical condition, if you are taking prescription medications or if you are pregnant or lactating.

Do not use if safety seal is damaged or missing.
Store in a cool, dry place.
KEEP OUT OF REACH OF CHILDREN.



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*These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.