



Magnesium Threonate

Unlock Your Brain's Potential: Powering Cognitive Electrolytes and Reducing Magnesium Deficiency!

Magnesium is a vital mineral renowned for its multifaceted roles within the human body, especially in the brain. As a crucial electrolyte, magnesium plays a pivotal part in facilitating nerve transmission, aiding neuro-muscular conduction, and maintaining the brain's electrolyte balance.

Magnesium Threonate is a unique form of magnesium known for its exceptional ability to traverse the blood-brain barrier more efficiently than other forms. This distinctive characteristic allows it to provide potent elemental magnesium directly to the brain, addressing deficiencies and offering support where it matters most.

By delivering magnesium to the brain in higher proportions, Magnesium Threonate empowers cognitive function, supporting mental clarity, and promoting overall brain wellness. It helps fortify the brain's electrolyte balance, essential for optimal nerve signaling and maintaining neurological function.

Features

- 100% vegan non-GMO formula.
- 50mg elemental magnesium derived from Threonic acid Magnesium salt.
- Follows evidence from clinical research showing magnesium works better when associated with certain dosages of vitamin C and D.
- Considerable evidence exists suggesting that glutamic acid plays a significant role in brain health.

Benefits

- Crosses the blood-brain barrier.
- Provides brain electrolytes.
- Helps with magnesium deficiency.



See all products under the Cognitive Health Category



Main Ingredients

Each Serving (3 capsules) Contains:

Vitamin C (as calcium ascorbate)	100 mg
Vitamin D 300IU (as cholecalciferol)	7.5 mcg
Magnesium (elemental)	150 mg
from 1,848mg of Magtein® Magnesium L-threonate	
L-Glutamic acid	150 mg

Other Ingredients

Microcrystalline cellulose, vegetarian cellulose, ascorbyl palmitate (preservative).

Suggested Use

One capsule one to three times daily with a meal, or as recommended by a healthcare professional.

Cautions

Consult your healthcare provider before taking any dietary supplement, if you are undergoing treatment for a medical condition, if you are pregnant or lactating, after recent surgery, or if you are sensitive to pancreatic enzymes or pork proteins.

Do not use if safety seal is damaged or missing.
Store in a cool, dry place.

KEEP OUT OF REACH OF CHILDREN.

Does not contain: GMO ingredients, milk, eggs, fish, crustacean shellfish, tree nuts, peanuts, wheat or soy

*These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.